



Village of Mount Prospect **Press Release**

Mental Health Matters Partners with Concert Series, Fridays on the Green

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CONTACT: Kylie Cerk, Director of Marketing and Public Relations
kcerk@mountprospect.org, 847-818-5201

The Human Services Department has announced the 4th Annual Mental Health Matters community event, taking place on Friday, June 14 from 5-6:30pm at the Edwin & Elsie (Meyn) Busse “Pocket” Park. This year, Mental Health Matters is partnering with Fridays on the Green (FOTG) to host this wellness-themed event before the FOTG concert begins.

The theme of the 2024 event is “Feel Good Friday” to highlight the many ways one can take care of their mental health. This event is free and family-friendly with kid’s activities, wellness demonstrations and a resource fair with local mental health agencies and wellness experts. The Village is proud of the ongoing collaboration with The Hope for Us Network as Carl Evans, CEO/Founder, will Emcee the event and Ryan Shannon, a Navy Veteran and mental health advocate, will share his journey on wellness and resilience.

The event will also include a cash raffle for participants to win gift cards to local restaurants and local wellness-related businesses. Raffle proceeds will benefit Mount Prospect residents through the Human Services Department’s Behavioral Health Subsidy Program. The program offers uninsured or underinsured residents’ access to mental health services.

Many members of the community face barriers to accessing mental health services. These barriers include: not having health insurance, long waitlists, lack of knowledge about local resources, and not knowing who to contact when help is needed. The Human Services Department, has made this an annual event to increase awareness on mental health topics, reduce stigma around seeking help and providing opportunities for the community to meet local agencies all in one place.

Following these activities, the FOTG performance by the classic rock band, Ken Dix & The Friday Night Lawn Jockeys, begins at 6:30pm on the Centennial Green.

Local businesses can sponsor the event via gift cards for the Mental Health Matters cash raffle. Businesses interested in participating can click here for additional information www.mountprospect.org/MHM.

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