# **Executive Summary**

The Village of Mount Prospect launched the Aging in Community Initiative in 2019. The mission of the initiative is to strengthen community infrastructure and systems that enhance the lives of older adults. The Village convened a Task Force composed of community partners and residents with expertise and interest in age-friendly policy and programming to develop a three-year Action Plan. The Action Plan lays out concrete goals and objectives that will enhance age-friendly features of the community and advance Mount Prospect as an accessible, inclusive community where older adults thrive and have the tools to navigate the aging process.

### **ACTION PLAN PROCESS**

## Assessment (2021)

- •Collect Primary Data (Focus Groups, Survey)
- Collect Secondary Data (Census, Existing Efforts)
- •Develop Community Profile



# Planning (2022)

- Develop Vision, Mission, and Values of Plan
- Analyze Primary and Secondary Data
- Prioritize Needs and Goals



# Implementation / Evaluation (2023-2025)

- •Convene Work Groups to Lead Implementation
- •Define Strategies and Metrics to Achieve Goals
- •Implement Plan; Evaluate and Adjust As Needed



The Task Force established mission, vision, and values statements to guide the decisions and actions of the Aging in Community Initiative.

### AGING IN COMMUNITY MISSION, VISION, VALUES

### **MISSION**

Strengthen community infrastructure and systems that enhance the lives of older adults.

#### **VISION**

Mount Prospect is an accessible, inclusive community where older adults thrive and have the tools to navigate the aging process.

### **VALUES**

Intergenerational • Accessible • Respectful Collaborative • Adaptable

Community input was collected from a variety of sources, including:

- Senior Focus Groups 2019
- Aging in Community Survey 2021 (Appendix B)
- Senior Opportunities Survey 2021
- Aging in a Changing Region Strategic Guide 2022 (Appendix C)
- Human Services Needs Assessment 2022

The Task Force sorted the community data and input into 11 thematic areas, and then prioritized the top 5 areas for the Action Plan. The Task Force identified goals and objectives for each priority area. Work Groups will be formed to lead the work for each Priority Area and meet the goals for the three-year Action Plan period.

MOUNT PROSPECT AGING IN COMMUNITY: PRIORITY AREAS & GOALS			
Housing	1	Enable older adults to remain in their homes through physical modifications to the structure.	<b>↓</b> □
	2	Enable older adults to remain in their homes by connecting them to affordable and reliable home maintenance services.	
Transportation	3	Decrease barriers to transportation for older adults in Mount Prospect.	<u></u>
	4	Increase access to all of Mount Prospect via public and other transportation programs.	<u>a</u>
Social Engagement	5	Increase social engagement opportunities for older adults.	
	6	Decrease social isolation in older adults.	STR
Information / Communication	7	Reduce barriers for older adults to access information and resources.	A
	8	Enhance existing methods of communication to connect older adults and their caregivers to resources and events.	U
Health / Wellness	9	Increase older adult access to health and wellness resources.	
	10	Increase awareness of mental health issues among older adults.	

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