

# AGING IN COMMUNITY Survey Report

## September 2022



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Appendix A: Aging in Community Survey Questions

### **Executive Summary**

The Village of Mount Prospect launched the Aging in Community Initiative in 2019. **The mission of the initiative is to strengthen community infrastructure and systems that enhance the lives of older adults.** The Village has convened an Age-Friendly Task Force to carry out this mission. The Task Force launched the Aging in Community Survey in 2021 to collect information about the current and anticipated needs of older adults in the community. This information will help shape the priorities of a three-year Age-Friendly Action Plan. The Task Force analyzed the survey responses and identified the overall themes, as well as strengths, weaknesses, opportunities, and threats that emerged from the survey data.

### Themes from the Survey

| Housing                | <ul> <li>Strong desire to stay in home as long as possible</li> <li>About half of respondents said a home modification would be needed</li> <li>Lack of housing options for older adults to transition as they age</li> <li>Housing affordability</li> </ul> |              |
|------------------------|--|--------------|
| Transportation         | <ul> <li>Heavy dependence on private vehicles for transportation</li> <li>Few people reported using public transportation and it scored low for its "convenience"</li> </ul>   | 6            |
| Information            | <ul> <li>Lack of awareness of available resources</li> <li>Need information in many formats (e.g. print, electronic, phone, multiple languages)</li> </ul>   | i            |
| Employment             | <ul> <li>Employment questions scored lowest out of all the categories</li> <li>Challenges identifying and getting to / from volunteer opportunities</li> </ul>   | *            |
| Social<br>Engagement   | <ul> <li>Understand barriers to participating in social opportunities<br/>(transportation, cost, age of participants, cultural, etc.)</li> </ul>   | , Ф.<br>Stil |
| Special<br>Populations | <ul> <li>Different strategies for reaching different age cohorts (e.g. pre-retirement vs. post-retirement age)</li> <li>Collect more information from minority populations about their needs</li> </ul>  |              |

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**Strengths** Overall the respondents thought Mount Prospect was a "very good" place for people to live as they age. Many respondents have lived in the community a long time, conveying a sense of satisfaction and ownership. This is echoed in the overwhelming desire to be able to live independently in their homes as

they age and the strong desire to remain in their current community for as long as possible. The physical environment was rated highly for the quality of its sidewalks, hospitals and health care facilities, and well-maintained homes and properties. Questions related to health care professionals were rated "very good" on average. The library, faith community, and park districts were identified as key resources for life-long learning, while the most trusted sources of information were family and friends, senior centers, units of local government, and health care professionals. There was a low response rate about home repair services in the community, but those who did respond rated these categories "very good." Few reported using public transportation, but those who do rated the public transit "very good" in terms of safety. At an individual level, most respondents self-reported as being in "very good" health. 90% of respondents have daily or weekly contact with others, and 90% have someone to call any time of day or night if they were in trouble or distress.

#### Weaknesses

While most respondents expressed a preference to stay in their homes, data suggests that the community does not have enough facilities to accommodate those that need to move out of their homes. Questions asking about the availability of affordable housing, variety of housing options for older adults, and physically accessible homes received low scores. Personal safety or security concerns were cited as a "major factor" if respondents were to move from their current community, though it was not clear if the concerns were from home safety (e.g. falling hazards) or community safety (e.g. crime). 74% of respondents reported living in single-family homes, and 50% of respondents reported that their home would need major repairs and / or modifications to stay there as long as possible. When asked to rate the community's home repair and maintenance services, there was a high proportion of "no response," suggesting that residents may be unfamiliar with these services. In the area of Education, Civic Engagement, and Volunteering, respondents gave a "fair" rating for "activities that offer senior discounts" and "transportation to and from volunteer opportunities." Village Hall and the local Senior Center appear to be under-utilized as a source for continuing education and self-improvement classes, and there may be a lack of awareness about local service agencies. When asked to rate health and wellness services, accessible mental health services and affordable in-home caregiving scored lowest.

#### **Opportunities**

One of the biggest opportunities identified by the Task Force was helping adults plan ahead of time for how they would like to age, rather than waiting for a crisis before decisions are made. There is a great deal of information available but there has to be a strategy to coordinate delivery of and access to the information. Mount Prospect has taken steps to enhance information dissemination through a senior

newsletter and could potentially fill additional information gaps through this vehicle. Other ideas such as a directory phone service (e.g. 311) and aging workshops were discussed. Many community organizations and institutions have existing programs and services, and where possible organizations should partner instead of re-creating existing programs. New forms of technology can pose a barrier for older adults, but it can also be an opportunity for greater engagement and connection to family and friends through texting, video calls, and social media. There is an opportunity to help older adults achieve their goals to live safely and independently in their homes for as long as possible by supporting access to affordable home remodeling and maintenance services, and exploring universal housing design. Finally, almost three-quarters of the respondents reported that they were retired, which represents a potential source of volunteers and advocates who may have spare time to support older adult initiatives.



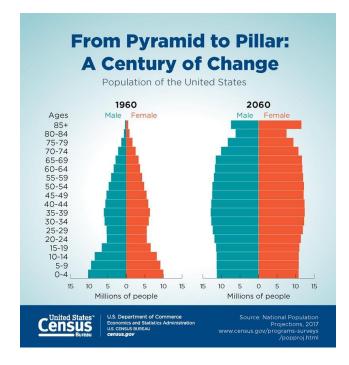
#### Threats

For some older adults, employment is not optional, but various barriers such as ageism or the need to take care of a loved one can make it difficult to find work. Costs continue to rise for caregiving services and 28% of respondents said they were "very likely" or "extremely likely" to provide unpaid care to an adult loved one in the future. The Covid-19 pandemic was cited as a major threat that greatly impacted

many aspects of aging, including increased pressure on the caregiving workforce, reduced access to in-home services, and fewer socialization opportunities. Nearly one-third of the respondents reported that they lived alone. Social media, while a great connector, can also exacerbate feelings of isolation or anxiety. Older adults may be resistant to change and may find it challenging to downsize their belongings, adapt to new technology, or try new ways of doing things. 93% of respondents reported that they drive themselves, but the Task Force found that most people are not prepared for when they can no longer drive, and suburban infrastructure is predominantly car-oriented. The country is facing a severe housing shortage of all types of housing, which has increased housing prices for all demographics. Lastly, many local institutions do not have the capacity to deliver information and services to non-English speakers.

## Introduction

Our population is aging – and this demographic shift comes with opportunities and challenges.



### 17% of Mount Prospect's population is 65+

**24%** of suburban Cook older adults are householders that live alone

**32%** of suburban Cook adults 60+ are still in the labor force

**3 in 4** adults age 50+ want to stay in their homes and communities as they age

By 2030, **1 in 5** Americans will be over the age of 65

By 2050, people 50+ will spend **61 cents** out of every retail dollar spent

By 2060, life expectancy for Americans is projected to increase to 85.6 years<sup>1</sup>

Recognizing this trend, the Village of Mount Prospect launched the Aging in Community Initiative in 2019. The mission of the initiative is to strengthen community infrastructure and systems that enhance the lives of older adults.

The Village convened an Age-Friendly Task Force to carry out this mission. The Task Force launched the Aging in Community Survey to collect information about the current and anticipated needs of older adults in the community. This information will help shape the priorities of a three-year Age-Friendly Action Plan.

## **Survey Methodology**

The Task Force adapted the 2020 AARP Age-Friendly Community Survey to create the 2021 Village of Mount Prospect Aging in Community Survey. The survey questions are available in Appendix A. The target population for the survey was Mount Prospect residents ages 55 and over. The survey included 44 multiple choice questions and 1 open-ended question covering the following topics:

| Aging in Our Community                       | Employment and Jobs     | Caregiving       |
|--|-------------------------|------------------|
| Aging in Our Homes                           | Health and Wellness     | Social Isolation |
| Communication and Information                | Physical Environment    | Demographics     |
| Education, Civic Engagement,<br>Volunteering | Transportation (Public) |                  |

<sup>&</sup>lt;sup>1</sup> Fact Sources: 1, 2, 3. American Community Survey 5-year Estimates, 2015-2019; 4. AARP.org; 5. Census.gov; 6. AARP.org; 7. Census.gov; Population Pyramid – Census.gov.

The survey was available in English and Spanish, and the Village offered assistance to other non-English speakers through language line services. Hanul Family Alliance provided a Korean translator for survey events held at some of the senior residences. Respondents could complete the survey online or fill out a paper copy. The survey did not request any identifying information, so all responses were completely anonymous. None of the survey questions were required; participants could elect to skip any questions they did not wish to answer.

The Age-Friendly Task Force employed a variety of marketing strategies to raise awareness of the survey and distributed surveys at numerous locations and events, such as:

- Direct mailing to 65+ year old residents who purchased vehicle sticker with senior discount (over 5,000 households)
- Aging in Community Kick-Off Event at Village Hall
- Aging in Community Workshop at Village Hall
- Community Connections Center Survey Distribution Event
- Fire Department blood drives
- Medicare Part D open enrollment events
- Events at residential buildings where older adults live
- Distribution of surveys at community organizations, such as senior centers and churches
- Spreading the word through digital communications such as social media, press release, and newsletters

The survey was open for approximately 4 months, from September 29, 2021 through January 20, 2022. The Village received 466 surveys, all of which were analyzed to produce this data report. The number of responses (N) for each question is 466 unless otherwise noted. Some questions asked the respondents to rate various characteristics of the community on a scale of 1 to 5, 1 meaning "Poor" and 5 meaning "Excellent." Each characteristic was designated an overall "score" based on a weighted average of the responses. The scales and scores used for each question are provided in the results.

## **Community Characteristic Scores**

Respondents were asked to score various characteristics of the community on a scale of 1 to 5, 1 meaning "Poor" and 5 meaning "Excellent." The following chart depicts the characteristics in descending order from highest rated to lowest rated.

| #  | Community Characteristic   | Score | Scale     | Category                 |
|----|--|-------|-----------|--------------------------|
| 18 | Quality of health care professionals                               | 4.10  | Very good | Health and Wellness      |
| 15 | Conveniently located hospitals, health care facilities, and        | 4.10  | Very good | Physical Environment     |
|    | emergency care centers   |       | 10178000  | ,                        |
| 18 | Availability of health care professionals                          | 4.05  | Very good | Health and Wellness      |
| 15 | Well-maintained homes and properties                               | 3.99  | Very good | Physical Environment     |
| 18 | Diversity of health care professionals                             | 3.87  | Very good | Health and Wellness      |
| 15 | Well-maintained and safe parks                                     | 3.76  | Very good | Physical Environment     |
| 18 | Affordability of health care professionals                         | 3.64  | Very good | Health and Wellness      |
| 3  | How would you rate your current community as a place for           | 3.61  | Very good | Aging in Our Community   |
| -  | people to live as they age?  |       | , 8       |                          |
| 14 | Sidewalks that are in good condition, safe for pedestrians,        | 3.56  | Very good | Physical Environment     |
|    | and accessible for wheelchairs or other assistive mobility         |       | 70        | · ·                      |
|    | devices  |       |           |                          |
| 15 | Public buildings and spaces, including restrooms, that are         | 3.53  | Very good | Physical Environment     |
|    | accessible to people of different physical abilities               |       | , c       |                          |
| 13 | Home modification and home repair contractors who are              | 3.48  | Very good | Aging in Our Homes       |
|    | trustworthy, do quality work, and are affordable                   |       |           |                          |
| 15 | Conveniently located, affordable public parking and sufficient     | 3.46  | Very good | Physical Environment     |
|    | handicap parking   |       |           |                          |
| 15 | Conveniently located shopping and services for daily needs         | 3.46  | Very good | Physical Environment     |
|    | (grocery, pharmacy, etc.)  |       |           |                          |
| 13 | Seasonal services such as lawn work or snow removal for low-       | 3.40  | Very good | Aging in Our Homes       |
|    | income and older adults  |       |           |                          |
| 14 | Well-lit, accessible, safe streets and intersections for all users | 3.37  | Good      | Physical Environment     |
| 30 | Free access to computers and the Internet in public places         | 3.33  | Good      | Communication and        |
|    |  |       |           | Information              |
| 17 | Safe   | 3.22  | Good      | Transportation (Public)  |
| 19 | Affordable health and wellness programs and classes like           | 3.20  | Good      | Health and Wellness      |
|    | nutrition, diabetic management and weight control                  |       |           |                          |
| 19 | Accessible social services   | 3.20  | Good      | Health and Wellness      |
| 14 | Sufficient time for pedestrian crossings                           | 3.19  | Good      | Physical Environment     |
| 15 | Enough benches for resting in public areas                         | 3.17  | Good      | Physical Environment     |
| 30 | Access to community information in one central source              | 3.17  | Good      | Communication and        |
|    |  |       |           | Information              |
| 14 | Audio and visual pedestrian crossings                              | 3.12  | Good      | Physical Environment     |
| 19 | Affordable physical fitness activities for older adults            | 3.11  | Good      | Health and Wellness      |
| 25 | A range of volunteer activities to choose from                     | 3.06  | Good      | Education, Civic         |
|    |  |       |           | Engagement, Volunteering |
| 23 | Continuing education classes or social clubs to pursue new         | 3.04  | Good      | Education, Civic         |
|    | interests and hobbies  |       |           | Engagement, Volunteering |
| 15 | Well-maintained, safe, affordable housing                          | 3.04  | Good      | Physical Environment     |
| 23 | Conveniently located entertainment venues                          | 3.00  | Good      | Education, Civic         |
|    |  |       |           | Engagement, Volunteering |

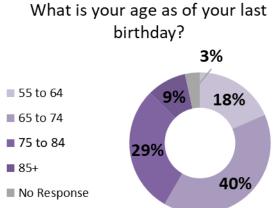
| 15 | Housing options for older adults such as active adult communities, assisted living, memory care, and skilled nursing                             | 3.00 | Good | Physical Environment                         |
|----|--|------|------|--|
| 30 | Clearly displayed printed community information with large lettering   | 2.99 | Good | Communication and<br>Information             |
| 17 | Affordable   | 2.98 | Good | Transportation (Public)                      |
| 23 | Activities or events that involve both younger and older people  | 2.93 | Good | Education, Civic<br>Engagement, Volunteering |
| 19 | Accessible mental health services  | 2.91 | Good | Health and Wellness                          |
| 30 | Community information that is available in a number of different languages   | 2.88 | Good | Communication and Information                |
| 19 | Affordable in-home services including care giving, personal care, housekeeping, and cooking  | 2.86 | Good | Health and Wellness                          |
| 23 | A variety of cultural activities for diverse populations   | 2.85 | Good | Education, Civic<br>Engagement, Volunteering |
| 17 | Accessible   | 2.81 | Good | Transportation (Public)                      |
| 25 | Opportunities for older adults to participate in decision making bodies such as community councils or committees                                 | 2.79 | Good | Education, Civic<br>Engagement, Volunteering |
| 17 | Timely   | 2.76 | Good | Transportation (Public)                      |
| 25 | Easy to find information on available local volunteer opportunities  | 2.71 | Good | Education, Civic<br>Engagement, Volunteering |
| 30 | Community information that is delivered in person to people<br>who may have difficulty or may not be able to leave their<br>home                 | 2.70 | Good | Communication and<br>Information             |
| 17 | Convenient   | 2.68 | Good | Transportation (Public)                      |
| 23 | Activities geared specifically towards older adults  | 2.65 | Good | Education, Civic<br>Engagement, Volunteering |
| 15 | Homes that are built with things like a no step entrance, wider doorways, and first floor bedrooms and bathrooms                                 | 2.64 | Good | Physical Environment                         |
| 14 | Separate pathways for bicyclists and pedestrians   | 2.61 | Good | Physical Environment                         |
| 23 | Activities that offer senior discounts   | 2.56 | Fair | Education, Civic<br>Engagement, Volunteering |
| 28 | A range of flexible job opportunities for older adults   | 2.45 | Fair | Employment and Jobs                          |
| 28 | Policies that ensure older adults can continue to have equal opportunity to work for as long as they want or need to regardless of their age     | 2.39 | Fair | Employment and Jobs                          |
| 28 | Jobs that are adapted to meet the needs of people with disabilities  | 2.34 | Fair | Employment and Jobs                          |
| 25 | Transportation to and from volunteer activities  | 2.31 | Fair | Education, Civic<br>Engagement, Volunteering |
| 28 | Job training opportunities for older adults who want to learn<br>new job skills within their job or get training in a different<br>field of work | 2.28 | Fair | Employment and Jobs                          |

### **Demographics**

### Age

The majority of respondents (40%) were between the ages of 65 and 74. The median age of respondents was 72.

| What is your age as of your last birthday? | Number | Percent |
|--|--------|---------|
| 55 to 59 years                             | 35     | 8%      |
| 60 to 64 years                             | 51     | 11%     |
| 65 to 69 years                             | 87     | 19%     |
| 70 to 74 years                             | 99     | 21%     |
| 75 to 79 years                             | 73     | 16%     |
| 80 to 84 years                             | 63     | 14%     |
| 85 years and over                          | 42     | 9%      |
| No Response                                | 16     | 3%      |
| TOTAL                                      | 466    | 100%    |



### Gender

Two-thirds of respondents were female, and one-third were male.

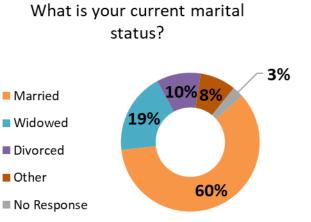
| How do you identify?   | Number | Percent |
|------------------------|--------|---------|
| Male                   | 151    | 32%     |
| Female                 | 302    | 65%     |
| Other (please specify) | 2      | 0%      |
| No Response            | 11     | 2%      |
| TOTAL                  | 466    | 100%    |

**Marital Status** 

The majority of respondents (60%) were married.

| What is your current marital status? | Number | Percent |
|--------------------------------------|--------|---------|
| Married                              | 279    | 60%     |
| Not married, living together         | 5      | 1%      |
| Separated                            | 3      | 1%      |
| Divorced                             | 48     | 10%     |
| Widowed                              | 88     | 19%     |
| Never Married                        | 24     | 5%      |
| Other (please specify)               | 7      | 2%      |
| No Response                          | 12     | 3%      |
| TOTAL                                | 466    | 100%    |

How do you identify? 2% 32% Male Female No Response 65%



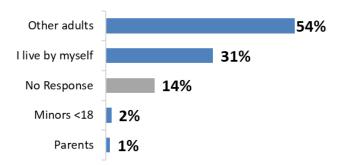
### **Household Composition**

Over half of respondents (54%) lived with other adults in their home, while almost one-third lived by themselves. Few respondents reported living with minors under 18 or with parents.

| Besides yourself, do you have<br>any of the following people<br>living in your household?<br>(Check all that apply) | Number | Percent |
|---|--------|---------|
| Other adults  | 251    | 54%     |
| I live by myself  | 143    | 31%     |
| No Response   | 65     | 14%     |
| Minors <18  | 8      | 2%      |
| Parents   | 6      | 1%      |
| TOTAL   | 466    | *       |

\* Respondents could choose more than one response so the total does not equal 100%

Besides yourself, do you have any of the following people living in your household?

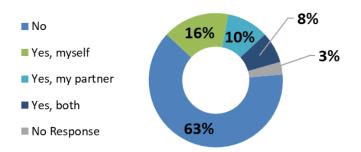


### **Disability Status**

One-third of respondents (34%) reported that themselves or their partner have a disability, handicap, or chronic disease that keeps them from fully participating in various activities.

| Does any disability, handicap, or<br>chronic disease keep you or your<br>spouse or partner from<br>participating fully in work, school,<br>housework, or other activities? | Number | Percent |
|--|--------|---------|
| No   | 295    | 63%     |
| Yes, myself  | 75     | 16%     |
| Yes, my partner  | 47     | 10%     |
| Yes, both  | 35     | 8%      |
| No Response  | 14     | 3%      |
| TOTAL  | 466    | 100%    |

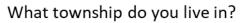
Does any disability, handicap, or chronic disease keep you or your spouse or partner from participating fully in work, school, housework, or other activities?

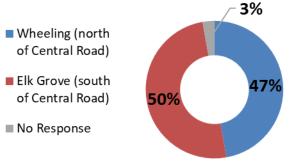


### Township

Respondents were split almost evenly between Elk Grove and Wheeling Townships.

| What township do you live in?     | Number | Percent |
|-----------------------------------|--------|---------|
| Wheeling (north of Central Road)  | 220    | 47%     |
| Elk Grove (south of Central Road) | 233    | 50%     |
| No Response                       | 13     | 3%      |
| TOTAL                             | 466    | 100%    |



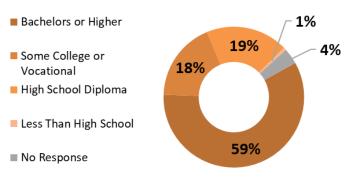


### **Educational Level**

The majority of respondents (60%) completed a 4-year college degree or higher.

| What is the highest level of education that you completed? | Number | Percent |
|--|--------|---------|
| Graduate or professional degree(s)                         | 147    | 32%     |
| 4-year college degree                                      | 126    | 27%     |
| 2-year college degree                                      | 54     | 12%     |
| Vocational training / certificate                          | 31     | 7%      |
| High school, GED or equivalent                             | 88     | 19%     |
| Less than a high school diploma                            | 3      | 1%      |
| No Response  | 17     | 4%      |
| TOTAL  | 466    | 100%    |

## What is the highest level of education that you completed?

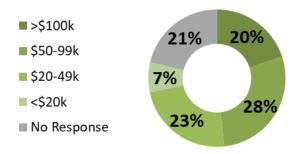


### **Household Income**

Respondents were distributed fairly evenly across income levels, with most households (28%) earning between \$50k and \$99k. 21% of survey participants did not respond to this question.

| What was your annual<br>household income before<br>taxes in 2020? | Number | Percent |
|---|--------|---------|
| \$150,000 or more   | 50     | 11%     |
| \$100,000 to \$149,999  | 43     | 9%      |
| \$75,000 to \$99,999  | 60     | 13%     |
| \$50,000 to \$74,999  | 72     | 15%     |
| \$30,000 to \$49,999  | 73     | 16%     |
| \$20,000 to \$29,999  | 36     | 8%      |
| \$10,000 to \$19,999  | 28     | 6%      |
| Less than \$10,000  | 5      | 1%      |
| No Response   | 99     | 21%     |
| TOTAL   | 466    | 100%    |

What was your annual household income before taxes in 2020?

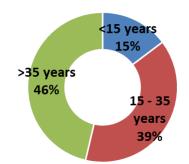


### Years Lived in Community

Nearly half of respondents (46%) have lived in the community for over 35 years; a quarter (25%) of respondents have lived here 46 years or more. The Village received the fewest responses (6%) from residents living in the community less than five years.

| How long have you lived in<br>your community? | Number | Percent |
|---|--------|---------|
| Less than 5 years                             | 27     | 6%      |
| 5 – 14 years                                  | 41     | 9%      |
| 15 - 25 years                                 | 86     | 18%     |
| 26 - 35 years                                 | 94     | 20%     |
| 36 - 45 years                                 | 98     | 21%     |
| 46 years or more                              | 116    | 25%     |
| No Response                                   | 4      | 1%      |
| TOTAL   | 466    | 100%    |

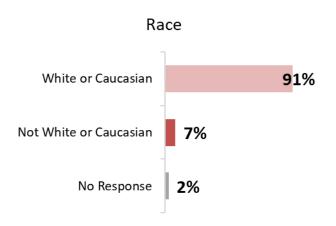
How long have you lived in your community?



### Race

Most respondents (91%) identified as White, while 7% identified as non-White. The second most selected race was Asian, or 4% of respondents.

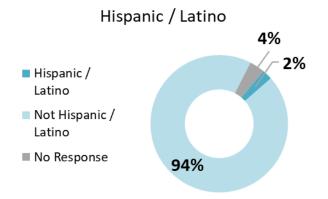
| What is your race? (Check all that apply) | Number | Percent |
|---|--------|---------|
| White or Caucasian                        | 424    | 91%     |
| Asian                                     | 20     | 4%      |
| Multi-racial                              | 5      | 1%      |
| Other (please specify)                    | 5      | 1%      |
| Black or African American                 | 2      | 0%      |
| American Indian or Alaska Native          | 2      | 0%      |
| Native Hawaiian or other Pacific Islander | 0      | 0%      |
| No Response                               | 11     | 2%      |
| TOTAL                                     | 466    | *       |



### **Hispanic Origin**

Most respondents (94%) identified as non-Hispanic / Latino, while 2% identified as Hispanic / Latino.

| Are you of Hispanic, Spanish,<br>or of Latino origin or descent? | Number | Percent |
|--|--------|---------|
| Hispanic / Latino  | 14     | 2%      |
| Not Hispanic / Latino  | 436    | 94%     |
| No Response  | 16     | 4%      |
| TOTAL  | 466    | 100%    |

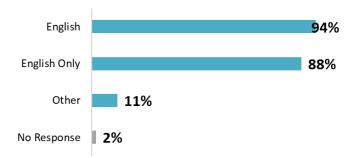


### Language

Most respondents (94%) speak English at home; 88% of respondents speak only English. 11% of respondents speak other languages alone or in addition to English. The two most spoken languages after English were Spanish (2%) and Korean (2%).

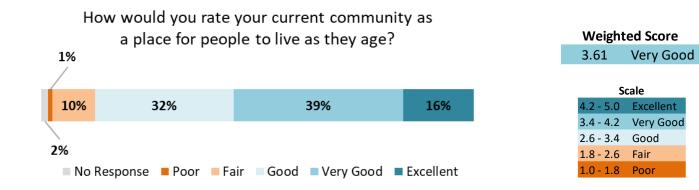
| Please indicate which best<br>represents the languages you speak<br>at home. (Check all that apply) | Number | Percent |
|---|--------|---------|
| English   | 438    | 94%     |
| Other (please specify)  | 23     | 5%      |
| Spanish   | 9      | 2%      |
| Korean  | 9      | 2%      |
| Polish  | 7      | 2%      |
| Gujarati  | 2      | 0%      |
| No Response   | 8      | 2%      |
| TOTAL   | 466    | *       |

Please indicate which best represents the languages you speak at home.

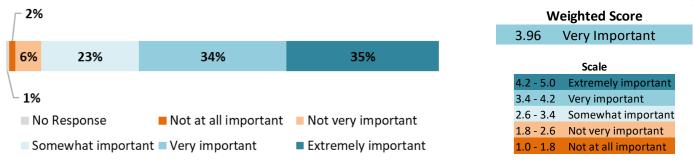


### Aging in Our Community

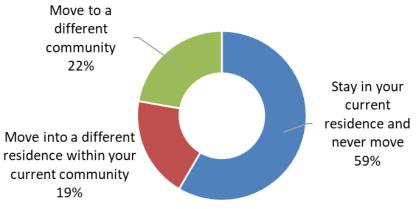
This section explores the various factors influencing the decision to remain in or depart from the community, and to remain in or depart from their current home. Overall, the Village was rated as a "Very Good" place for people to live as they age and most respondents said they were more likely to stay in their current residence and never move. The biggest factor influencing a decision to move out of their current home was "wanting a home that will help you live independently as you age." The biggest factor influencing a decision to move out of their current said it was "Very Important" to remain in their current community as long as possible.



## How important is it for you to remain in your current COMMUNITY for as long as possible?



## Thinking about your future years, are you more likely to:



# If you were to consider moving out of your current HOME, what factors would influence your decision?

| Wanting a home that will help you live independently as you age | 8% 12% 14%   | 65%          |       |
|---|--------------|--------------|-------|
| The cost / effort of maintaining your current home              | 8% 14% 23%   | 54%          |       |
| Wanting a smaller size home                                     | 10% 34%      | 25%          | 81%   |
| Wanting a different environment or setting around your home     | 10% 42%      | 30%          | 18%   |
| Wanting a larger size home                                      | 15%          | 77%          | 6% 3% |
| No Response   | Minor factor | Major factor |       |

|       | Scale       |
|-------|-------------|
| Major | 2.33 - 3.00 |
| Minor | 1.66 - 2.33 |
| Not   | 1.00 - 1.66 |

| Wanting a home that will help you live independently as you age | 2.57 | Major factor |
|---|------|--------------|
| The cost / effort of maintaining your current home              | 2.44 | Major factor |
| Wanting a smaller size home                                     | 1.96 | Minor factor |
| Wanting a different environment or setting around your home     | 1.73 | Minor factor |
| Wanting a larger size home                                      | 1.13 | Not a factor |

## If you were to consider moving out of your current COMMUNITY, what factors would influence your decision?

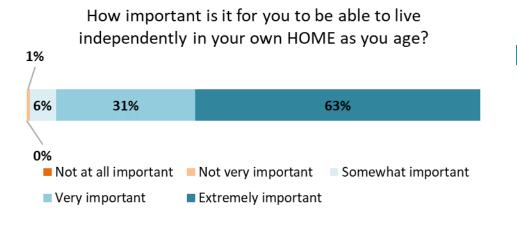
| Your personal safety or security concerns                                   | 8%  | 20%       | 17% |       | 55%    |     |
|---|-----|-----------|-----|-------|--------|-----|
| Wanting to live in an area that has a lower<br>cost of living               | 8%  | 17%       | 349 | %     | 4      | 1%  |
| Wanting to be closer to family  | 9%  | 29%       | •   | 21%   | 4      | 1%  |
| Wanting to live in an area with better opportunities for social interaction | 9%  | 24%       |     | 34%   |        | 33% |
| Needing more access to public transportation                                | 9%  | 349       | %   | 309   | %      | 27% |
| Wanting to move to an area that has better<br>health care facilities        | 9%  | 37        | %   | 27    | 1%     | 27% |
| Wanting to live in a different climate                                      | 10% | 34        | %   | 3     | 6%     | 20% |
| Wanting to live in an area with more or less population density             | 9%  | 4         | 0%  |       | 37%    | 14% |
| No Response 🛛 Not a factor  | N   | linor fac | tor | Major | factor |     |

|       | Scale       |
|-------|-------------|
| Major | 2.33 - 3.00 |
| Minor | 1.66 - 2.33 |
| Not   | 1.00 - 1.66 |

| Your personal safety or security concerns                                 | 2.38 | Major factor |
|---|------|--------------|
| Wanting to live in an area that has a lower cost of living                | 2.27 | Minor factor |
| Wanting to be closer to family  | 2.12 | Minor factor |
| Wanting to live in an area w/ better opportunities for social interaction | 2.10 | Minor factor |
| Needing more access to public transportation                              | 1.92 | Minor factor |
| Wanting to move to an area that has better health care facilities         | 1.88 | Minor factor |
| Wanting to live in a different climate                                    | 1.85 | Minor factor |
| Wanting to live in an area with more or less population density           | 1.71 | Minor factor |

### **Aging in Our Homes**

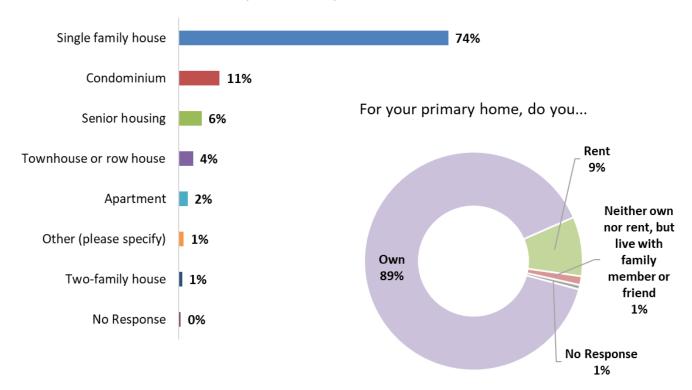
The questions in this section asked respondents to describe the type of housing they live in and evaluate characteristics that may prevent them from staying in the home as they age. Respondents thought it was **"Extremely Important" to be able to live independently in their own homes as they age**; this question received the highest weighted score of all the questions on the survey, suggesting that respondents strongly desire the opportunity to "age in place" with independence. Most respondents live in a **single-family house**, and most respondents **own their home**, regardless of the type. Over three-quarters said they have to use stairs to access a part of their home. **Stairs were the number one area in the home needing major repairs**, modifications, or changes to enable residents to stay in the home as long as possible. Overall, the respondents rated the community's **home repair and maintenance services as "Very Good."** 



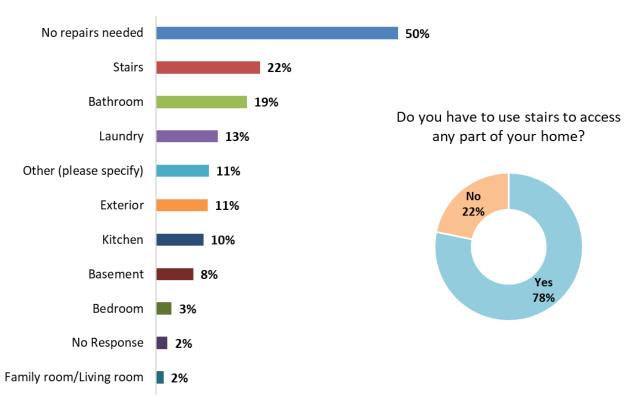
| Weighted Score           |
|--------------------------|
| 4.56 Extremely Important |

| Scale     |                      |  |
|-----------|----------------------|--|
| 4.2 - 5.0 | Extremely important  |  |
| 3.4 - 4.2 | Very important       |  |
| 2.6 - 3.4 | Somewhat important   |  |
| 1.8 - 2.6 | Not very important   |  |
| 1.0 - 1.8 | Not at all important |  |

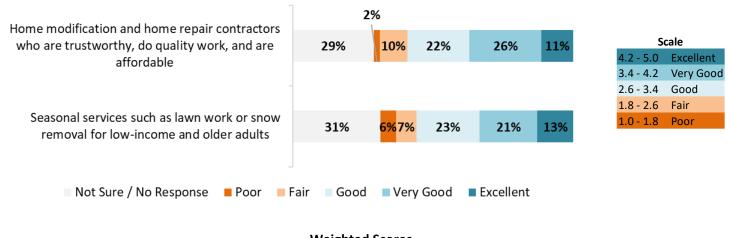
## Which of the following types of homes best describes where you currently live?



Which areas in your home need major repairs, modifications, or changes to enable you to stay there for as long as possible? [Check all that apply]



## How would you rate your community's home repair and maintenance services?

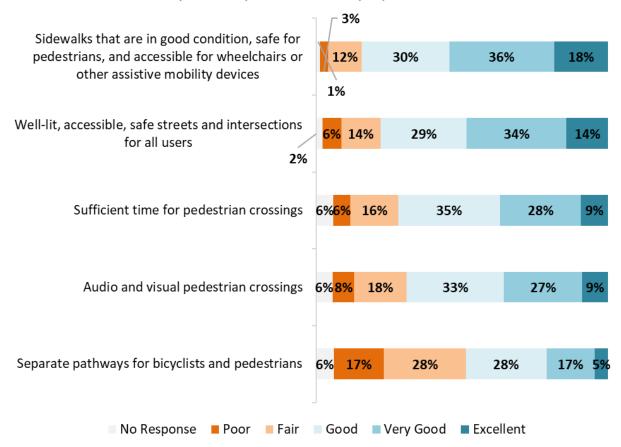


### Weighted Scores Home modification and home repair contractors who are trustworthy, do quality work, and are affordable Seasonal services such as lawn work or snow removal for low-income and older adults

| 3.48 | Very Good |
|------|-----------|
| 3.40 | Very Good |

### **Physical Environment**

This set of questions asked respondents to rate the physical environment, such as housing, public spaces, health care facilities, shopping for daily needs, and sidewalks. For public infrastructure, **sidewalks** received the highest rating (Very Good) and separate pathways for bicyclists and pedestrians received the lowest rating (Good). For built environment, conveniently located health care facilities and well-maintained properties received the highest ratings (Very Good) while housing options for older adults and availability of homes with accessible features received the lowest ratings (Good).



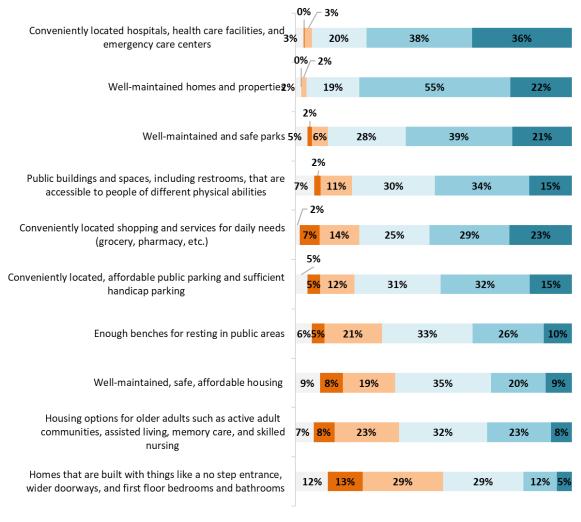
### How would you rate your community's public infrastructure?

| Scale     |           |  |
|-----------|-----------|--|
| 4.2 - 5.0 | Excellent |  |
| 3.4 - 4.2 | Very Good |  |
| 2.6 - 3.4 | Good      |  |
| 1.8 - 2.6 | Fair      |  |
| 1.0 - 1.8 | Poor      |  |

| Sidewalks that are in good condition, safe for pedestrians, and    |  |  |
|--|--|--|
| accessible for wheelchairs or other assistive mobility devices     |  |  |
| Well-lit, accessible, safe streets and intersections for all users |  |  |
| Sufficient time for pedestrian crossings                           |  |  |
| Audio and visual pedestrian crossings                              |  |  |
| Separate pathways for bicyclists and pedestrians                   |  |  |

| 3.56 | Very good |
|------|-----------|
| 3.37 | Good      |
| 3.19 | Good      |
| 3.12 | Good      |
| 2.61 | Good      |

#### How would you rate your community's built environment?



No Response Poor Fair Good Very Good Excellent

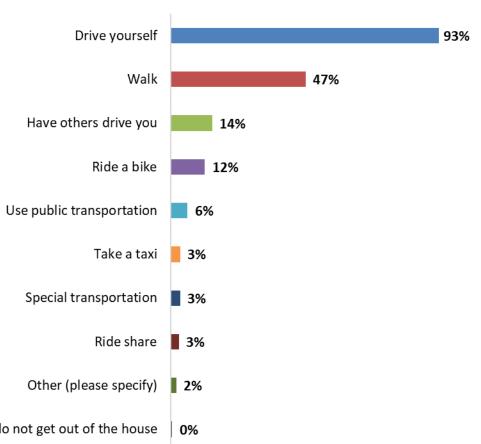
| Scale     |           |  |
|-----------|-----------|--|
| 4.2 - 5.0 | Excellent |  |
| 3.4 - 4.2 | Very Good |  |
| 2.6 - 3.4 | Good      |  |
| 1.8 - 2.6 | Fair      |  |
| 1.0 - 1.8 | Poor      |  |

| Conveniently located hospitals, health care facilities, and emergency care centers                                   | 4.10 | Very Good |
|--|------|-----------|
| Well-maintained homes and properties   | 3.99 | Very Good |
| Well-maintained and safe parks   | 3.76 | Very Good |
| Public buildings and spaces, including restrooms, that are accessible to people of different physical abilities      | 3.53 | Very Good |
| Conveniently located, affordable public parking and sufficient handicap parking                                      | 3.46 | Very Good |
| Conveniently located shopping and services for daily needs (grocery, pharmacy, etc.)                                 | 3.46 | Very Good |
| Enough benches for resting in public areas   | 3.17 | Good      |
| Well-maintained, safe, affordable housing  | 3.04 | Good      |
| Housing options for older adults such as active adult communities, assisted living, memory care, and skilled nursing | 3.00 | Good      |
| Homes that are built with things like a no step entrance, wider doorways, and first floor bedrooms and bathrooms     | 2.64 | Good      |
|  |      |           |

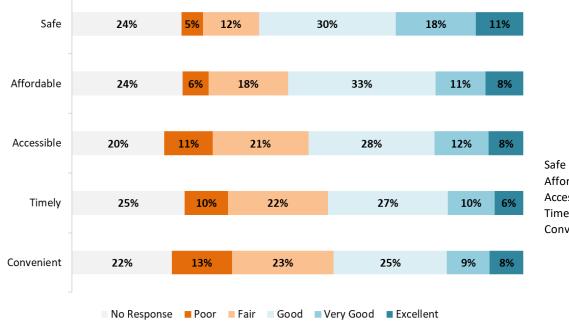
### **Transportation**

This section explores how respondents travel around town and asked respondents to rate public transportation in their community. The most common method of transport was "Drive yourself" (93%), followed by "Walk" (47%). Only 6% of respondents reported using public transportation, which likely explains the high rate of "no response" when asked to rate public transportation. The highest rated category for public transportation was "safe" and the lowest was "convenient." The 6% of respondents who reported using public transportation gave overall higher ratings to public transportation.

> How do you usually get around your community? (Check all that apply)



I do not get out of the house



### How would you rate your community's public transportation in the following categories? [All Responses]

|     | Scale   |           |
|-----|---------|-----------|
| 4.2 | 2 - 5.0 | Excellent |
| 3.4 | - 4.2   | Very Good |
| 2.6 | 5 - 3.4 | Good      |
| 1.8 | 3 - 2.6 | Fair      |
| 1.0 | ) - 1.8 | Poor      |
| 1.8 | 8 - 2.6 | Fair      |

| Weighted Scores |           |  |
|-----------------|-----------|--|
| Safe            | 3.22 Good |  |
| Affordable      | 2.98 Good |  |
| Accessible      | 2.81 Good |  |
| Timely          | 2.76 Good |  |
| Convenient      | 2.68 Good |  |

Scale

Excellent

Very Good

3.75 Very Good

3.28 Good

3.13 Good

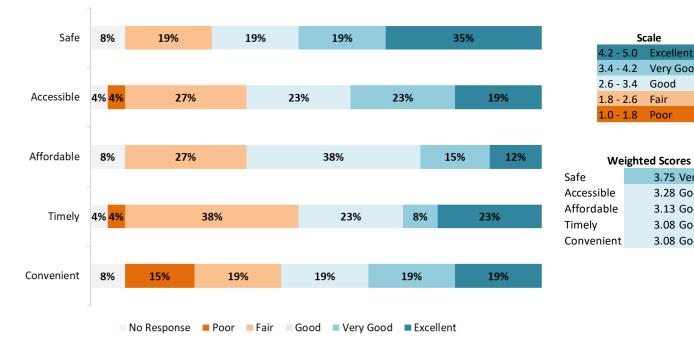
3.08 Good 3.08 Good

Good

Fair

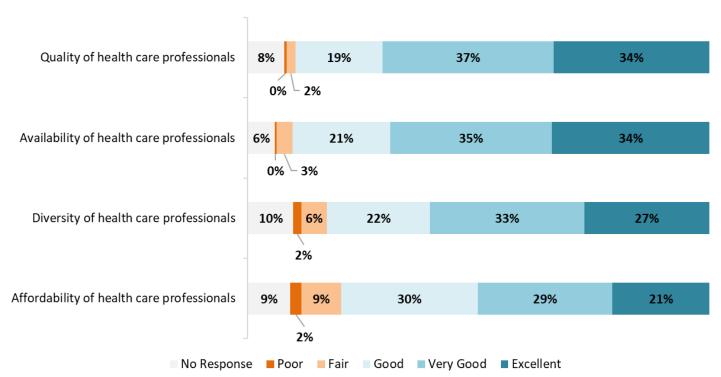
Poor

How would you rate your community's public transportation in the following categories? [Respondents who use public transportation]



## **Health and Wellness**

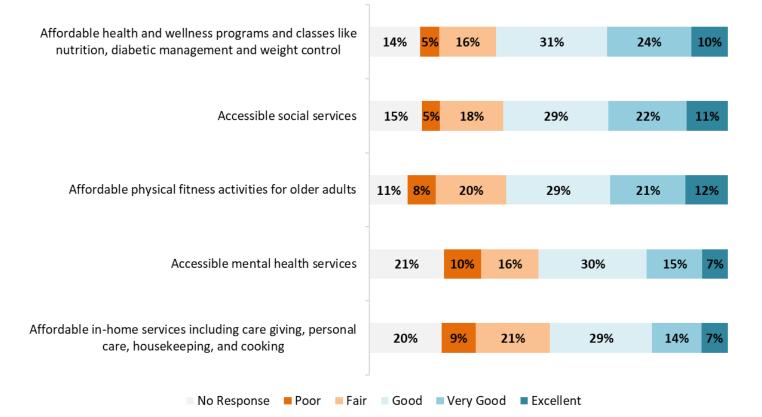
The questions in this section asked respondents to rate health care professionals and health and wellness services in the community. **Health care professionals were rated "Very Good"** and had among the highest ratings on the survey. **Health and wellness services were rated "Good."** 



Thinking about health in your community, how would you rate your community on the following?

| Scale     |           |  |
|-----------|-----------|--|
| 4.2 - 5.0 | Excellent |  |
| 3.4 - 4.2 | Very Good |  |
| 2.6 - 3.4 | Good      |  |
| 1.8 - 2.6 | Fair      |  |
| 1.0 - 1.8 | Poor      |  |

| Quality of health care professionals       | 4.10 | Very Good |
|--|------|-----------|
| Availability of health care professionals  | 4.05 | Very Good |
| Diversity of health care professionals     | 3.87 | Very Good |
| Affordability of health care professionals | 3.64 | Very Good |
|  |      |           |



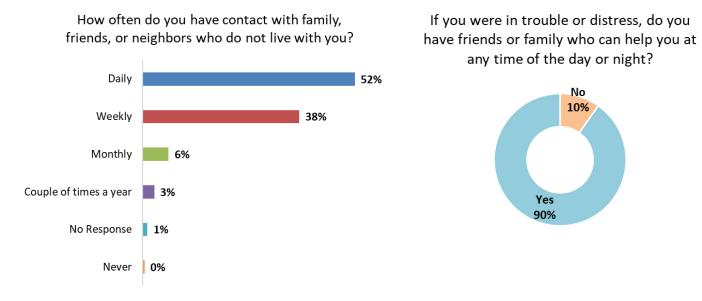
### How would you rate the health and wellness services in your community?

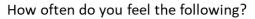
| Scale     |           |  |
|-----------|-----------|--|
| 4.2 - 5.0 | Excellent |  |
| 3.4 - 4.2 | Very Good |  |
| 2.6 - 3.4 | Good      |  |
| 1.8 - 2.6 | Fair      |  |
| 1.0 - 1.8 | Poor      |  |

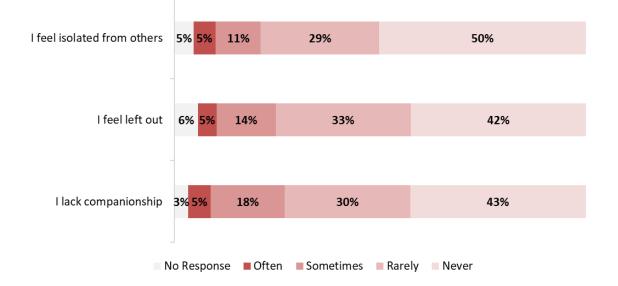
| 5   |      |      |  |
|---|------|------|--|
| Affordable health and wellness programs and classes like<br>nutrition, diabetic management and weight control | 3.20 | Good |  |
| Accessible social services  | 3.20 | Good |  |
| Affordable physical fitness activities for older adults   | 3.11 | Good |  |
| Accessible mental health services   | 2.91 | Good |  |
| Affordable in-home services including care giving, personal care, housekeeping, and cooking                   | 2.86 | Good |  |
|   |      |      |  |

### **Social Isolation**

This set of questions asked participants to evaluate their own level of isolation. **Over half of respondents reported having "Daily" contact with family, friends, or neighbors** who do not live with them, and **90% of respondents have a friend or family member that can help at any time** if they were in trouble or distress. Overall respondents reported that they **"Never" felt isolated from others**, and **"Rarely" felt left out or lacked companionship**. It should be noted that the Village did not have a mechanism for identifying socially isolated individuals and therefore the survey responses may not fully reflect the degree of social isolation found in the community.



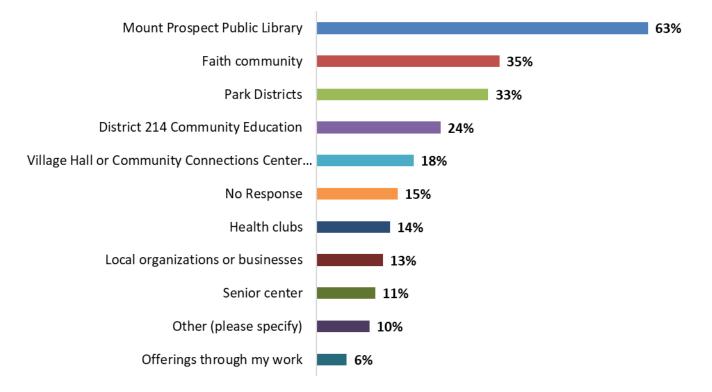




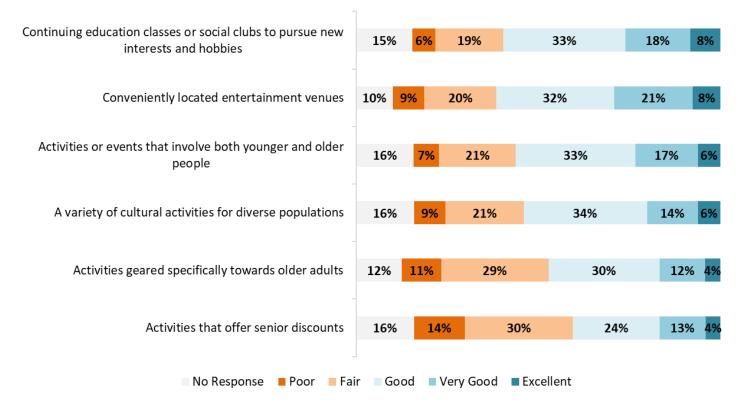
### **Education, Civic Engagement, and Volunteering**

The questions in this section asked participants to rate the community in areas of social participation, education, volunteering, and civic engagement. These areas were rated from "Good" to "Fair." The most popular sources for educational classes or programs were the **library, faith community, and park districts.** The highest rated social participation category was **"continuing education classes or social clubs to pursue new interests or hobbies,"** while the lowest rated was **"activities that offer senior discounts."** The highest rated volunteer and civic engagement category was **"a range of volunteer activities to choose from,"** while the lowest rated was **"transportation to and from volunteer activities."** 

### Do you use the following sources for continuing education or selfimprovement classes or programs? (Check all that apply)



## How would you rate your community in the following areas of social participation, inclusion and education?



| Scale     |           |  |  |  |
|-----------|-----------|--|--|--|
| 4.2 - 5.0 | Excellent |  |  |  |
| 3.4 - 4.2 | Very Good |  |  |  |
| 2.6 - 3.4 | Good      |  |  |  |
| 1.8 - 2.6 | Fair      |  |  |  |
| 1.0 - 1.8 | Poor      |  |  |  |

| Continuing education classes or social clubs to pursue new interests and hobbies | 3.04 | Good |
|--|------|------|
| Conveniently located entertainment venues  | 3.00 | Good |
| Activities or events that involve both younger and older people                  | 2.93 | Good |
| A variety of cultural activities for diverse populations                         | 2.85 | Good |
| Activities geared specifically towards older adults                              | 2.65 | Good |
| Activities that offer senior discounts   | 2.56 | Fair |
|  |      |      |

## How would you rate your community in the following areas of volunteering and civic engagement?

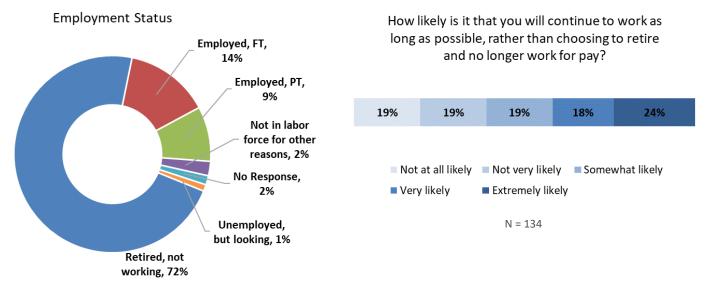
| A range of volunteer activities to choose from  | 15% | <mark>6%</mark> | 17%                | 35% | 20%   | 7%                |
|---|-----|-----------------|--------------------|-----|-------|-------------------|
| Opportunities for older adults to participate in decision making bodies such as community councils or committees          | 19% | 99              | <mark>%</mark> 23% | 31% | 139   | 6 <mark>5%</mark> |
| Easy to find information on available local volunteer<br>opportunities<br>Transportation to and from volunteer activities |     | 12              | <mark>%</mark> 23% | 329 | 6 119 | % 5%              |
|   |     | %               | 18%                | 24% | 23%   | 7%                |
| 29 No Response Poor Fair Good Excellent   |     |                 |                    |     | 2%    |                   |

| Scale     |           |  |  |  |
|-----------|-----------|--|--|--|
| 4.2 - 5.0 | Excellent |  |  |  |
| 3.4 - 4.2 | Very Good |  |  |  |
| 2.6 - 3.4 | Good      |  |  |  |
| 1.8 - 2.6 | Fair      |  |  |  |
| 1.0 - 1.8 | Poor      |  |  |  |

| A range of volunteer activities to choose from   | 3.06 | Good |
|--|------|------|
| Opportunities for older adults to participate in decision making bodies such as community councils or committees | 2.79 | Good |
| Easy to find information on available local volunteer<br>opportunities   | 2.71 | Good |
| Transportation to and from volunteer activities  | 2.31 | Fair |

### **Employment and Jobs**

This section explored employment status, retirement, and job opportunities for older adults. A little over **20%** of the respondents indicated they were **employed full- or part-time**, and **42%** of those currently employed said it was "Very Likely" or "Extremely Likely" they would **continue to work for as long as possible**, rather than choosing to retire. The categories related to job opportunities for older adults received the lowest ratings on the survey and the highest number of "no responses."



#### How would you rate your community in terms of job opportunities for older adults?

| A range of flexible job opportunities for older adults                          | 31%            | 14%        | 25%  | 20% | 7% |
|---|----------------|------------|------|-----|----|
| Policies that ensure older adults can continue to have equal                    |                |            |      |     | 3% |
| opportunity to work for as long as they want or need to regardless of their age | 35%            | 13%        | 24%  | 19% | 6% |
|   |                |            |      |     | 3% |
| Jobs that are adapted to meet the needs of people with<br>disabilities          | 37%            | 14%        | 23%  | 18% | 6% |
| Job training opportunities for older adults who want to learn                   |                |            |      |     | 2% |
| new job skills within their job or get training in a different field            | 34%            | 16%        | 24%  | 19% | 5% |
| of work   |                |            |      |     | 2% |
| No Response 💻 Poor 🔲 Fair   | Good 📃 Very Go | od 🔳 Excel | lent |     |    |

#### Weighted Scores

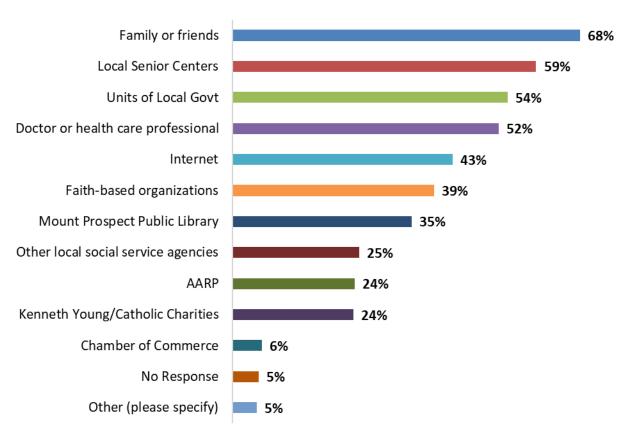
| - 0   |       |  |
|---|-------|--|
| A range of flexible job opportunities for older adults            | 2.45  |  |
| Policies that ensure older adults can continue to have equal      |       |  |
| opportunity to work for as long as they want or need to           | 2.39  |  |
| regardless of their age   |       |  |
| Jobs that are adapted to meet the needs of people with            | 2.34  |  |
| disabilities  | 2.3 1 |  |
| Job training opportunities for older adults who want to learn new | 2.20  |  |

job skills within their job or get training in a different field of work

| 2.45 | Fair |           |           |
|------|------|-----------|-----------|
|      |      | S         | cale      |
| 2 20 | Fair | 4.2 - 5.0 | Excellent |
| 2.39 |      | 3.4 - 4.2 | Very Good |
|      |      | 2.6 - 3.4 | Good      |
| 2.34 | Fair | 1.8 - 2.6 | Fair      |
|      |      | 1.0 - 1.8 | Poor      |
|      |      |           |           |
| 2.28 | Fair |           |           |

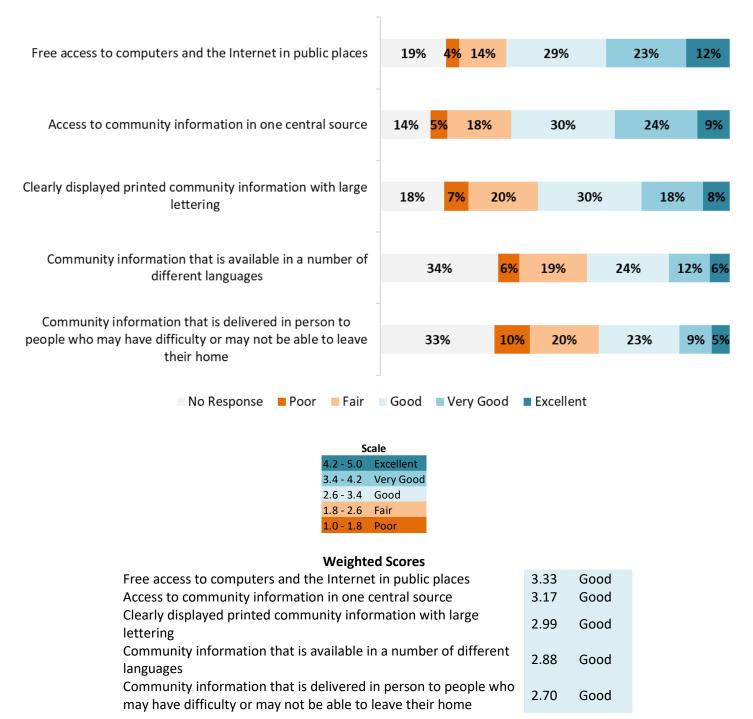
### **Communication and Information**

The questions in this section asked respondents to identify sources of information they use regularly, and to rate the community in the areas of information access and dissemination. The most common source of information was **family** or **friends** (68%), followed by **local senior centers** (59%). **Information access and dissemination categories were rated "Good."** 



Would you turn to the following resources if you, a family member or friend needed information about services for older adults?

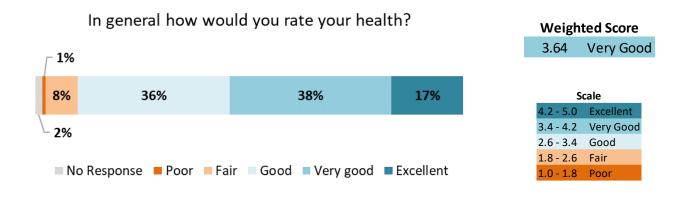
## How would you rate your community in the following areas of information access and dissemination?



Mount Prospect Aging in Community Survey Report

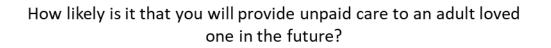
### Caregiving

The questions in this section asked about caregiving for adult loved ones and asked respondents to rate their own health. **Over half (55%) of respondents rated their health "Very Good" or "Excellent**." **13%** of respondents reported **providing unpaid care to an adult loved one**. Of those not currently providing care, 28% of respondents reported it was "Very Likely" or "Extremely Likely" that they will provide unpaid care to an adult loved one in the future.



Are you currently a family caregiver providing unpaid care to an adult loved one to help them take care of themselves?

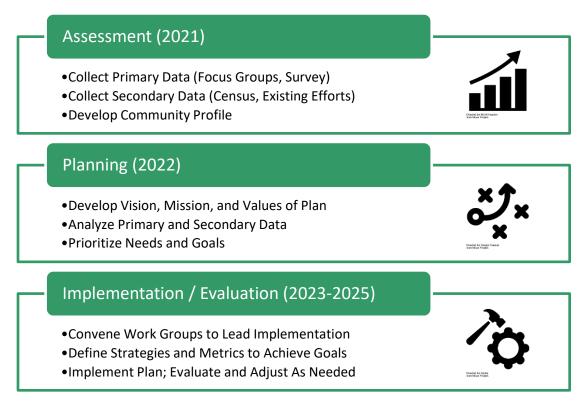






## Conclusion

The data collected from the Aging in Community Survey will guide the Task Force in its development of a three-year Action Plan, which will ultimately be approved by the Village Board and submitted to the AARP Network of Age-Friendly States and Communities. The survey data will be referenced by the Work Groups as they implement the plan in the coming years. Figure XX depicts the rough timeline for the Action Plan. Community residents will be consulted throughout the process to ensure the plan aligns with the needs of the community.



The survey information provides a useful snapshot of the Village to its residents and community partners and may be used for other aging initiatives outside of the Village's purview. In the future, the Village may release additional appendices showing the data in different formats.

### **Reflection on Survey Methodology**

The Village elected to use the AARP Community Survey<sup>2</sup> as a template for the Mount Prospect Aging in Community Survey. The Task Force made slight modifications to the AARP survey in an effort to capture information that was most relevant to Mount Prospect. The advantages of using the AARP template included:

- Questions on a wide range of topics;
- Template has been used by other age-friendly communities and allows for some comparisons and benchmarking; and
- Surveys require a minimum time commitment and anonymity for residents compared to attending a focus group or public meeting.

The Task Force identified some challenges based on their own experience developing, disseminating, and analyzing the survey data, as well as feedback from community members who took the survey.

• Length: Despite cutting some questions from the template, some community members said the survey was too long. The final survey had 44 questions and many of them were multi-part questions.

<sup>&</sup>lt;sup>2</sup> Survey is available at <u>https://www.aarp.org/livable-communities/info-2014/aarp-community-survey-questionnaire.html</u>

- **Rating Scale:** Many questions asked respondents to rate community characteristics on a 5-point scale (Poor, Fair, Good, Very Good, or Excellent). The middle choice was labeled "good" rather than "average" or "neutral," which may have skewed the results toward the positive end of the scale.
- **Open-ended Questions:** The survey did not have any open-ended questions except for the initial question. This limited the ability of respondents to elaborate on their multiple-choice selections. However, the Task Force also had limited ability to analyze a high volume of open-ended responses.
- Language: The survey was available in English and Spanish. However, only 3 surveys out of 466 were completed in Spanish. The Village did not have the capacity to translate the survey into other languages to reach a greater number of non-English-speaking older adults.
- Format: The survey was provided online and in paper format. It was critical to have a paper survey available for this population. 18% of the surveys (85) submitted were on paper.
- **Population Samples**: The Task Force made a concerted effort to identify and reach out to over- and undersampled populations in Mount Prospect to the best of its ability, but still fell short of its goals with the following populations:

| Under-sampled Populations                         | Over-Sampled Populations               |
|---|--|
| Ethnicity: Asian                                  | Education: Bachelor's degree or higher |
| Household: Living with parent(s)                  | Age: 75 to 84 years old                |
| Education: Less than a high school diploma        | Language: Speak only English           |
| Language: Non-English speakers                    | Languages Spoken at Home:              |
| Income: Less than \$10,000                        | - German                               |
| Age: 55 to 59 years old                           | - Chinese                              |
| Languages Spoken at Home:                         |  |
| - Spanish   |  |
| - French, Haitian, or Cajun                       |  |
| - Russian, Polish, or other Slavic languages      |  |
| <ul> <li>Other Indo-European languages</li> </ul> |  |
| - Korean  |  |
| - Vietnamese                                      |  |
| - Tagalog (incl. Filipino)                        |  |
| - Other Asian and Pacific Island languages        |  |
| - Arabic  |  |

These notes are provided as areas for consideration if another aging survey is utilized by the Village or another community. Overall the Task Force found that the survey was successful in its response rate and serves as an important input in the Age-Friendly Action Plan.



### Village of Mount Prospect Aging in Community Survey

We are asking you, as a Village of Mount Prospect resident who is 55 years of age or older, to complete our Aging in Community survey. The Village of Mount Prospect identified "Aging in Community" as a high priority in the 2019 strategic plan. In response, the Village joined the AARP Network of Age Friendly States and Communities in February of 2021 as the 512th community to enroll. AARP defines a livable community as one that is safe and secure, has affordable and appropriate housing and transportation options, and has supportive community features and services. Once in place, those resources enhance personal independence; allow residents to age in place; and foster residents' engagement in the community's civic, economic and social life.

Your feedback in this survey will help the Village to understand the needs of our residents and will help shape the priorities in a three-year Age-Friendly Action Plan. The Age-Friendly Action Plan will prepare Mount Prospect to be a livable community for all, with a focus on our aging population.

Answer the questions to the best of your ability - there are no right or wrong answers. If you are unsure about a question or it does not apply to you, you can skip the question. Your responses will be reported in an aggregate format and identifying information will be removed to preserve anonymity of respondents.

If you have any questions, please email agingincommunity@mountprospect.org.

1. What would be your number one recommendation for Mount Prospect visitors?

| 2. How long have you lived in your community?   |
|---|
| C Less than 5 years   |
| 5 – 14 years  |
| 15 - 25 years   |
| 26 - 35 years   |
| 36 - 45 years   |
| 46 years or more  |
|   |
| 3. How would you rate your current community as a place for people to live as they age? |
| Excellent   |
| Very good   |
| Good  |
| 🔘 Fair  |
| Poor  |
|   |
| 4. Thinking about your future years, are you more likely to                             |
| Move to a different community   |
| Move into a different residence within your current community                           |
| Stay in your current residence and never move   |
|   |

5. Some people find that they need or want to move out of their home as they get older. If you were to consider moving out of your current home, what factors would influence your decision?

|  | Major factor | Minor factor | Not a factor |
|--|--------------|--------------|--------------|
| Wanting a smaller size home  | $\bigcirc$   | $\bigcirc$   | $\bigcirc$   |
| Wanting a larger size<br>home  | $\bigcirc$   | $\bigcirc$   | $\bigcirc$   |
| The cost / effort of<br>maintaining your current<br>home   | $\bigcirc$   | $\bigcirc$   | $\bigcirc$   |
| Wanting a home that will<br>help you live<br>independently as you<br>age, for example a home<br>without stairs | $\bigcirc$   | $\bigcirc$   | $\bigcirc$   |
| Wanting a different<br>environment or setting<br>around your home  | $\bigcirc$   | $\bigcirc$   | $\bigcirc$   |
|  |              |              |              |

## 6. Some people find that they need or want to move out of their community as they get older. If you were to consider moving out of your current community, what factors would influence your decision?

|  | Major factor | Minor factor | Not a factor |
|--|--------------|--------------|--------------|
| Your personal safety or security concerns  | $\bigcirc$   | $\bigcirc$   | 0            |
| Wanting to move to an area that has better health care facilities                    | $\bigcirc$   | $\bigcirc$   | $\bigcirc$   |
| Wanting to be closer to family   | $\bigcirc$   | $\bigcirc$   | 0            |
| Needing more access to public transportation   | $\bigcirc$   | $\bigcirc$   | $\bigcirc$   |
| Wanting to live in a different climate   | $\bigcirc$   | $\bigcirc$   | 0            |
| Wanting to live in an area that has a lower cost of living                           | $\bigcirc$   | $\bigcirc$   | $\bigcirc$   |
| Wanting to live in an<br>area with better<br>opportunities for social<br>interaction | $\bigcirc$   | $\bigcirc$   | 0            |
| Wanting to live in an area with more or less population density                      | $\bigcirc$   | $\bigcirc$   | $\bigcirc$   |

7. How important is it for you to remain in your current community for as long as possible?

- Extremely important
- Very important
- Somewhat important
- Not very important
- Not at all important

| 8. Which of the following types of homes best describes where you currently live? (Check only one) |
|--|
| Single family house  |
| Two family house that has two separate living units  |
| Townhouse or row house   |
| Apartment  |
| Condominium  |
| Senior housing   |
| Other (please specify)   |
|  |
|  |
| 9. Do you have to use stairs to access any part of your home?                                      |
| ○ Yes  |
| O No   |
|  |
| 10. For your primary home, do you  |
| Own  |
| Rent   |
| Neither own nor rent, but live with family member or friend  |
|  |
| 11. How important is it for you to be able to live independently in your own home as you age?      |
| Extremely important  |
| Very important   |
| Somewhat important   |
| Not very important   |
| Not at all important   |
| O Not sure   |
|  |
|  |
|  |
|  |

| 12. V | Which areas in your home need major repairs, modifications, or changes to enable you to stay there for as |
|-------|---|
| long  | as possible? [Check all that apply]   |
|       | Kitchen   |
|       | Bathroom  |
|       | Basement  |
|       | Bedroom   |
|       | Family room/Living room   |
|       | Exterior (entrance, exits, etc.)  |
|       | Stairs  |
|       | Laundry   |
|       | My home does not need major repairs or modifications to enable me to stay                                 |
|       | Other (please specify)  |
|       |   |
|       |   |

# 13. How would you rate your community's home repair and maintenance services?

|  | Excellent  | Very Good  | Good       | Fair       | Poor       | Not Sure   |
|--|------------|------------|------------|------------|------------|------------|
| Home modification and<br>home repair contractors<br>who are trustworthy, do<br>quality work, and are<br>affordable | 0          | 0          | 0          | $\bigcirc$ | 0          | 0          |
| Seasonal services such<br>as lawn work or snow<br>removal for low-income<br>and older adults                       | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |

| 14. How would you rate your community's public infrastructure?   |            |            |            |            |            |  |
|--|------------|------------|------------|------------|------------|--|
|  | Excellent  | Very good  | Good       | Fair       | Poor       |  |
| Sidewalks that are in<br>good condition, safe for<br>pedestrians, and<br>accessible for<br>wheelchairs or other<br>assistive<br>mobility devices | 0          | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | 0          |  |
| Well-lit, accessible, safe<br>streets and intersections<br>for all users   | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |  |
| Audio and visual pedestrian crossings  | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |  |
| Sufficient time for pedestrian crossings   | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |  |
| Separate pathways for<br>bicyclists and<br>pedestrians   | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |  |

| 15. How would you rate your community's built environment?   |            |            |            |            |            |  |  |
|--|------------|------------|------------|------------|------------|--|--|
|  | Excellent  | Very good  | Good       | Fair       | Poor       |  |  |
| Well-maintained homes and properties   | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |  |  |
| Housing options for older<br>adults such as active<br>adult communities,<br>assisted living, memory<br>care, and skilled nursing | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |  |  |
| Homes that are built with<br>things like a no step<br>entrance, wider<br>doorways, and first floor<br>bedrooms and<br>bathrooms  | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |  |  |
| Well-maintained, safe, affordable housing  | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |  |  |
| Well-maintained and safe parks   | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |  |  |
| Public buildings and<br>spaces, including<br>restrooms, that are<br>accessible to people of<br>different physical abilities      | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |  |  |
| Enough benches for resting in public areas   | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |  |  |
| Conveniently located<br>hospitals, health care<br>facilities, and emergency<br>care centers                                      | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |  |  |
| Conveniently located,<br>affordable public parking<br>and sufficient handicap<br>parking   | 0          | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | 0          |  |  |
| Conveniently located<br>shopping and services<br>for daily needs (grocery,<br>pharmacy, etc.)                                    | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |  |  |

| 16. H | low do you usually get around your community? (Check all that apply)              |
|-------|---|
|       | Walk  |
|       | Drive yourself  |
|       | Have others drive you   |
|       | Take a taxi   |
|       | Use a ride source company such as Uber/Lyft                                       |
|       | Use a special transportation service, such as Township bus or Connections to Care |
|       | Use public transportation   |
|       | Ride a bike   |
|       | I do not get out of the house   |
|       | Other (please specify)  |
|       |   |
|       |   |

## 17. How would you rate your community's public transportation in the following categories?

|            | Excellent  | Very good  | Good       | Fair       | Poor       |
|------------|------------|------------|------------|------------|------------|
| Accessible | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| Convenient | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| Affordable | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| Timely     | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| Safe       | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |

# 18. Thinking about health in your community, how would you rate your community on the following?

|  | Excellent  | Very good  | Good       | Fair       | Poor       |
|--|------------|------------|------------|------------|------------|
| Availability of health care professionals  | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| Quality of health care professionals       | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| Affordability of health care professionals | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| Diversity of health care professionals     | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |

|  | Excellent  | Very good  | Good       | Fair       | Poor       |
|--|------------|------------|------------|------------|------------|
| Affordable health and<br>wellness programs and<br>classes like nutrition,<br>diabetic management<br>and weight control | 0          | 0          | 0          | 0          | $\bigcirc$ |
| Affordable physical<br>fitness activities for older<br>adults  | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| Accessible social services   | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| Accessible mental health services  | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| Affordable in-home<br>services including care<br>giving, personal care,<br>housekeeping, and<br>cooking                | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |

- 🔵 Daily
- Weekly
- Monthly
- Couple of times a year
- Never

# 21. How often do you feel the following?

|                             | Often      | Sometimes  | Rarely     | Never      |
|-----------------------------|------------|------------|------------|------------|
| I lack companionship        | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| I feel left out             | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| I feel isolated from others | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |

22. If you were in trouble or distress, do you have friends or family who can help you at any time of the day or night?

- O Yes
- 🔵 No

| 23. Do you use the following sources for continuing education or self-improvement cla | sses or programs? |
|---|-------------------|
| (Check all that apply)  |                   |
| District 214 Community Education  |                   |
| Faith community   |                   |
| Local organizations or businesses   |                   |
| Village Hall or Community Connections Center Programs                                 |                   |
| Offerings through my work   |                   |
| Park Districts  |                   |
| Health clubs  |                   |
| Senior center   |                   |
| Mount Prospect Public Library   |                   |
| Other (please specify)  |                   |
|   |                   |

# 24. How would you rate your community in the following areas of social participation, inclusion and education?

|   | Excellent  | Very good  | Good       | Fair       | Poor       |
|---|------------|------------|------------|------------|------------|
| Conveniently located entertainment venues   | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| Activities geared specifically towards older adults                                       | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| Activities that offer senior discounts  | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| Activities or events that involve both younger and older people                           | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| A variety of cultural<br>activities for diverse<br>populations                            | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| Continuing education<br>classes or social clubs to<br>pursue new interests<br>and hobbies | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |

| 25. How would you rate your community in the following areas of volunteering and civic engagement?                           |            |            |            |            |            |
|--|------------|------------|------------|------------|------------|
|  | Excellent  | Very good  | Good       | Fair       | Poor       |
| A range of volunteer activities to choose from   | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| Opportunities for older<br>adults to participate in<br>decision making bodies<br>such as community<br>councils or committees | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| Easy to find information<br>on available local<br>volunteer opportunities  | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | 0          |
| Transportation to and from volunteer activities  | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |

26. Which of the following best describes your current employment status?

- Employed, part-time GO TO Question 27
- Employed, full-time GO TO Question 27
- Unemployed, but looking for work GO TO Question 27
- Retired, not working at all SKIP TO Question 28
- Not in labor force for other reasons SKIP TO Question 28

27. How likely is it that you will continue to work as long as possible, rather than choosing to retire and no longer work for pay?

- Extremely likely
- Very likely
- Somewhat likely
- Not very likely
- 🔵 Not at all likely

| 28. How would you rate your community in terms of job opportunities for older adults?  |            |            |            |            |            |
|--|------------|------------|------------|------------|------------|
|  | Excellent  | Very good  | Good       | Fair       | Poor       |
| A range of flexible job<br>opportunities for older<br>adults   | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| Job training<br>opportunities for older<br>adults who want to learn<br>new job skills within their<br>job or get training in a<br>different field of work      | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| Jobs that are adapted to<br>meet the needs of<br>people with disabilities  | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | 0          |
| Policies that ensure<br>older adults can<br>continue to have equal<br>opportunity to work for<br>as long as they want or<br>need to regardless of<br>their age | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |

29. Would you turn to the following resources if you, a family member or friend needed information about services for older adults such as caregiving services, home delivered meals, home repair, medical transport, or social activities? (Check all that apply)

| Local Senior Centers   |
|--|
| Kenneth Young/Catholic Charities   |
| Other local social service agencies  |
| Family or friends  |
| AARP   |
| Faith-based organizations like churches or synagogues  |
| Internet   |
| Your doctor or health care professional  |
| Units of local government such as the Village of Mount Prospect Human Services Department or the Cook County Department of Public Health |
| Mount Prospect Public Library  |
| Chamber of Commerce  |
| Other (please specify)   |
|  |
|  |
|  |

| 30. How would you rate  | e your communit     | y in the following a | reas of information | on access and dis | semination? |
|---|---------------------|----------------------|---------------------|-------------------|-------------|
|   | Excellent           | Very good            | Good                | Fair              | Poor        |
| Access to community<br>information in one<br>central source   | $\bigcirc$          | $\bigcirc$           | $\bigcirc$          | $\bigcirc$        | $\bigcirc$  |
| Clearly displayed printed<br>community information<br>with large lettering  | $\bigcirc$          | $\bigcirc$           | $\bigcirc$          | $\bigcirc$        | $\bigcirc$  |
| Free access to<br>computers and the<br>Internet in public places  | $\bigcirc$          | $\bigcirc$           | $\bigcirc$          | $\bigcirc$        | $\bigcirc$  |
| Community information<br>that is delivered in<br>person to people who<br>may have difficulty or<br>may not be able to leave<br>their home | $\bigcirc$          | $\bigcirc$           | $\bigcirc$          | $\bigcirc$        | $\bigcirc$  |
| Community information<br>that is available in a<br>number of different<br>languages   | $\bigcirc$          | $\bigcirc$           | $\bigcirc$          | $\bigcirc$        | $\bigcirc$  |
| Female     Other (please spe  |                     |                      |                     |                   |             |
| 32. What is your age as   | s of your last birt | nday? (Age in Yeai   | ·S)                 |                   |             |
|   |                     |                      |                     |                   |             |
|   |                     |                      |                     |                   |             |
|   |                     |                      |                     |                   |             |
|   |                     |                      |                     |                   |             |

| 33. Wł     | nat is your current marital status?  |
|------------|--|
| O N        | larried  |
| () N       | ot married, living together  |
| () s       | eparated   |
| O D        | ivorced  |
| () w       | /idowed  |
| () N       | ever Married   |
| 0 0        | ther (please specify)  |
|            |  |
|            |  |
| 34. Be     | sides yourself, do you have any of the following people living in your household? (Check all that apply) |
|            |  |
| N          | linors under age 18  |
| P          | arents   |
| 0          | ther adults, such as relatives or friends 18 and over  |
|            | ive by myself  |
| 05 1       |  |
|            | general how would you rate your health?  |
|            | xcellent   |
| $\sim$     | ery good   |
| G          | ood  |
| ⊖ F        | air  |
| () р       | oor  |
| 26 Do      | es any disability, handicap, or chronic disease keep you or your spouse or partner from participating    |
|            | work, school, housework, or other activities? [CHECK ONLY ONE]   |
|            | es, myself   |
| <u>О</u> у | es, my spouse or partner   |
| () Y       | es, both me and my spouse or partner   |
| <u></u> N  |  |
|            |  |

37. A family caregiver is someone who provides care for an adult loved one who is ill, frail, elderly, or has a physical, mental, or emotional disability. This care may include helping with personal needs like bathing or dressing, meals, household chores, shopping, transportation, managing medical care or finances, or even visiting regularly to see how they are doing. This adult need not live with you.

Are you currently a family caregiver providing unpaid care to an adult loved one to help them take care of themselves?

Yes (Skip to Q 39)

) No (Go to Q 38)

38. How likely is it that you will provide unpaid care to an adult loved one in the future?

- Extremely likely
- Very likely
- Somewhat likely
- Not very likely
- Not at all likely

39. What is the highest level of education that you completed?

- Less than a high school diploma
- High school diploma, GED or equivalent
- Vocational training or certificate program
- 2-year college degree
- 4-year college degree
- Graduate or professional degree(s)

40. Please indicate which best represents the languages you speak at home. Check all that apply.

| English                |  |
|------------------------|--|
| Spanish                |  |
| Korean                 |  |
| Polish                 |  |
| Gujarati               |  |
| Other (please specify) |  |
|                        |  |
|                        |  |

| 41. A      | re you of Hispanic, Spanish, or of Latino origin or descent?                      |
|------------|---|
| $\bigcirc$ | Yes   |
| $\bigcirc$ | No  |
|            |   |
| 42. V      | Vhat is your race? (Check all that apply)   |
|            | Black or African American   |
|            | White or Caucasian  |
|            | Asian   |
|            | American Indian or Alaska Native  |
|            | Native Hawaiian or other Pacific Islander   |
|            | Multi-racial  |
|            | Other (please specify)  |
| 43. V      | Vhat was your annual household income before taxes in 2020?<br>Less than \$10,000 |
| $\bigcirc$ | \$10,000 to \$19,999  |
| $\bigcirc$ | \$20,000 to \$29,999  |
| $\bigcirc$ | \$30,000 to \$49,999  |
| $\bigcirc$ | \$50,000 to \$74,999  |
| $\bigcirc$ | \$75,000 to \$99,999  |
| $\bigcirc$ | \$100,000 to \$149,999  |
| $\bigcirc$ | \$150,000 or more   |
| 44. V      | Vhat township do you live in?   |
|            |   |
| $\bigcirc$ | Elk Grove (south of Central Road)   |