

Village of Mount Prospect Press Release

Mount Prospect Human Services Department to Host Parenting Class

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The Mount Prospect Human Services Department is hosting a class for residents: Parenting the Love and Logic Way®.

This six-session parenting program is designed to give parents practical skills that can be used immediately. These simple techniques are effective with all children, from toddlers to teens

Through the class, parents will learn to:

- Stay calm when kids do upsetting things
- Help kids learn from mistakes
- Set enforceable limits
- Avoid un-winnable power struggles and arguments

The class will be offered in English and Spanish. Classes will be held in English on Tuesdays at Village Hall, 50 S. Emerson Street, Mount Prospect, starting September 14 from 6 -7:30 p.m. The Spanish class will be held at the Community Connections Center, 1711 W. Algonquin Road, Mount Prospect, beginning September 14, from 5:30 - 7 p.m. The cost of the program is \$10 per person, which includes a workbook.

For more information or to register for Parenting the Love and Logic Way® please call the Human Services Department at 847/870-5680. Register early, space is limited.

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