



Village of Mount Prospect Press Release

Mount Prospect Human Services Department to Host Parenting Class

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Contact: Julie Kane, Director, Human Services Department
Phone: 847/870-5680

The Mount Prospect Human Services Department is hosting a class for residents: Parenting the Love and Logic Way®.

This six session parenting course, developed by the Love and Logic Institute, was designed to help parents find specific answers and actions for some of those difficult moments in child rearing. These simple techniques are effective with all children, from toddlers to teens. The program is intended to give practical skills that can be used immediately.

Through the class, parents will learn to:

- Stay calm when kids do upsetting things
- Help kids learn from mistakes
- Set enforceable limits
- Avoid un-winnable power struggles and arguments

The class will be offered in English and Spanish. Classes will be held in English on Tuesdays at Village Hall, 50 S. Emerson Street, Mount Prospect starting September 3 from 5:30-7 pm. The Spanish class will be held at the Community Connections Center, 1711 W. Algonquin Road, Mount Prospect beginning September 4, from 5-7 pm. The cost of the program is \$10, which includes a workbook.

For more information or to register for Parenting the Love and Logic Way® please call the Human Services Department at 847/870-5680. Register early, space is limited.

For more information about the Love and Logic approach and the Love and Logic Institute call 1-800-338-4065 or go to www.loveandlogic.com.

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